002157 - veg green bean & tomato : nslp	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 4 Size of Portion: 3/4 cup	Meat/Alt: Grains: Fruit: Vegetable: 0.75 cup Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
903393 green bean frz gfs 360191 903421 tomato diced in juice san benito pouch 002047 SALT,TABLE 799903 GARLIC,GRANULATED 114657 PEPPER BLACK, GROUND	4 (0.5 cup = 0.5 cup) 1 CUP (w liquid) 1 dash 1/4 tsp 1/4 tsp	steam per package instructions - add diced tomatoes with liquid, and spices heat unitl 165

*Nutrients are based upon 1 Portion Size (3/4 cup)

Traditionite are secon upon 11 order out out								
Calories	33 kcal	Cholesterol	0 mg	Sugars	*0.0* g	Calcium	31.83 mg	0.04% Calories from Total Fat
Total Fat	0.00 g	Sodium	144 mg	Protein	0.70 g	Iron	0.78 mg	0.01% Calories from Saturated Fat
Saturated Fat	0.00 g	Carbohydrates	5.96 g	Vitamin A	441.7 IU	Water¹	*0.01* g	*0.00%* Calories from Trans Fat
Trans Fat²	*0.00* g	Dietary Fiber	1.35 g	Vitamin C	4.8 mg	Ash ¹	*0.11* g	72.08% Calories from Carbohydrates
								8 42% Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

- * denotes combined nutrient totals with either missing or incomplete nutrient data
- 1 denotes optional nutrient values
- ² Trans Fat value is provided for informational purposes only, not for monitoring purposes.

360191 - BEAN GREEN CUT IQF 30# KE

Get Adobet Reader

General

Nutrition

Product Image



Off 🗸 As Purchased 🗸 Rounding: Based on:

Description: AP Green Beans, Frzn

Ingredients: Green beans. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient state... More

N	utrition	al Information				
Serving Size: .66 cup (81 g)						
Amount Per Serving						
Calories	30	Calories From Fat:	0			
		% [aily Value			
Total Fat	0 g		0%			
Saturated Fat	0 g		0%			
<i>Trans</i> Fat	0 g					
PolyUnSat	n/a		n/a			
MonoUnSat	n/a		n/a			
Cholesterol	0 mg		0%			
Sodium	0 mg		0%			
Potassium	n/a		n/a			
Total Carbs	5 g		2%			
Dietary Fiber	2 g		8%			
Sugars	2 g		n/a			
Protein	1 g		2%			
Vitamin A -	2%	Vitamin C -	6%			
Calcium -	4%	Iron -	2%			
Percent Dail	y Values ar	e based on a 2,000 calorie die	1			
Calories Per Gram:						
Fa	t 9	Carbohydrates 4 P	rotein 4			

	-
School Equivalents	
Child Nutrition Label	No
Meat/Meat Alternative	n/a
Fruit/Vegetables	n/a
Grain/Bread	n/a
Updated for New Final Rule	
Meat/Meat Alternate	n/a
Grain/Bread	n/a
Fruit	n/a
Vegetable:	
Red/Orange	n/a
Dark Green	n/a

Fat Soluble	Vitamins
Vitamin D	n/a
Vitamin D	n/a
Vitamin E	n/a
Vitamin K	n/a
Vitamin A	100 IU
Vitamin A	n/a

Minerals	
Phosphorus	n/a
Zinc	n/a
Magnesium	n/a

Starchy	n/a
Beans/Peas	n/a
Other	n/a
Notes:	
n/a	

	29
Copper	n/a
Selenium	n/a
Calcium	40 mg
Iron	.36 mg
Manganese	n/a
lodine	n/a

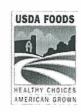
Water Soluble Vitamins	
Thiamin B1	n/a
Riboflavin B2	n/a
Niacin B3	n/a
Pyridoxine B6	n/a
Cobalamin B12	n/a
Pantothenic Acid	n/a
Vitamin C	3.6 mg
Folic Acid	n/a

Ingredients

Green beans. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated May 2013. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product. Back

360191 - BEAN GREEN CUT IQF 30# KE









USDA Foods Fact Sheet for Schools & Child Nutrition Institutions

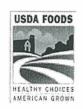
(last updated, 03-08-12)

Visit us at www.fns.usda.gov/fdd

100330 - SALSA, LOW-SODIUM, POUCH

PREPARATION/ COOKING INSTRUCTIONS	Salsa can be used right from the pouch chilled or at room temperature.
USES AND TIPS	 Serve "as is" or chilled on top of burritos, tacos, tortilla pieces, and fajitas. Heat and serve as a complement to chicken, fish, turkey, hamburgers, etc.
FOOD SAFETY INFORMATION	 NEVER USE food from pouches that are leaking or bulging. DON'T TASTE pouches with a foul odor, or that spurts liquid from the container when opened. Cook foods to the appropriate end-point temperature as specified in your School Food Safety Plan, which should meet your State and local health department requirements.
BEST IF USED BY GUIDANCE	 For guidance on how to effectively manage, store, and maintain USDA Foods, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm. For additional information on product dating, go to page 13 of <i>Choice Plus Food Safety Supplement</i> at: http://nfsmi-web01.nfsmi.olemiss.edu/documentlibraryfiles/PDF/20080206043207.pdf.

Nutrient values in the nutrition information section are from the USDA National Nutrient Database for Standard Reference, or are average values from vendors who provide USDA Foods. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.







USDA Foods Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 03-08-12)

Visit us at www.fns.usda.qov/fdd

110186 - SALSA, LOW-SODIUM, POUCH

		_
CATEGORY	Vegetables/Fruits	3
PRODUCT DESCRIPTION	• Tomato salsa is made of peeled tomatoes, tomato puree, fresh or dried onions, fresh green chile peppers and fresh jalapenos properly ripened and wholesome. Spices and condiments added include salt, vinegar, and any mixture of green peppers, cilantro, cumin, coriander, xanthan gum, flavorings, or modified starch. This is a low-sodium food (140 milligrams of sodium or less per serving).	
PACK/YIELD	• Six 111 oz pouches].
	• One pouch AP yields about 106 oz (12½ cups) salsa and provides about 49.3 ½-cup servings vegetable.	SOCIAL SALES
	• CN Crediting: ½ cup salsa provides ½ cup vegetable. It counts as ½ cup red/orange vegetable when all salsa ingredients are creditable vegetable ingredients.	
STORAGE	• Store unopened pouches of salsa in a cool, dry place. Never store pouch in a damp storage area or any place exposed to high or low temperature extremes.	,
	• Store opened pouch of salsa covered and labeled in a dated nonmetallic container under refrigeration.	1
	• Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.	

Nutrition Information

Salsa, low sodium, pouch

And the second s	
1/4 cup	½ cup
(62 g)	(125 g)
22	45
0.93 g	1.86 g
4.34 g	8.68g
0.9 g	1.7 g
4.37 g	8.73 g
0.12 g	0.25 g
0.02 g	0.04 g
0 g	0 g
0 mg	0 mg
1.39 mg	2.79 mg
7 mg	15 mg
70 mg	140 mg
10 mg	20 mg
167 mg	334mg
341 IU	682 IU
17 RAE	35 RAE
2.5 mg	5.0 mg
0 mg	0 mg
	(62 g) 22 0.93 g 4.34 g 0.9 g 4.37 g 0.12 g 0.02 g 0 mg 1.39 mg 7 mg 70 mg 10 mg 167 mg 341 IU 17 RAE 2.5 mg